



This issue introduces a new regular column placing students in the spotlight!

Since the premiere issue of TILT Magazine, we have featured Day in the Life Columns spotlighting online therapists and online coaches. Now we are changing up the focus with this regular column featuring a student in-training.

The <u>Online Therapy Institute/Online Coach Institute</u> and training partner, <u>The Institute for Life Coach Training</u> will feature a student at either Institute with an article about the use of technology in therapy and/or coaching.

Since we recently changed our e-learning format to include more individualized consultation with each student, we have many "Written Assignments" from students that are worthy of publication. We will hand-pick from these written assignments and with permission from the student; we will publish their work here.

Each time we receive a completed assignment we have the opportunity to learn ourselves as we coach students to embrace and implement technology into their practices. In addition, the platforms we use both at ILCT and OTI/OCI introduce students to technology during the learning process.

Our self-paced courses are taught using an online coaching platform powered by <u>Jigsawbox</u>. Students read articles, view videos, engage in experiential exercises and submit written assignments along the way. We "coach" each student throughout the learning process by commenting on written assignments and dialoguing along the

way about specifics related to their individual situation. In this way, we can focus down on tailored learning. Students also have access to discussion forums during their learning as well. If the students are enrolled in our Therapy or Coach Specialist Certificate/Certification Programmes they have access to our Supervision Forum while enrolled in the programme and thereafter. The Supervision Forum provides a place to discuss case material with peers and trained supervisors. The learning and supervision take place in a secure and encrypted online environment.

During our 16-week Intensives we supplement the self-paced learning with webinars every two weeks. Our webinars are live and interactive with a chat room and audio capability, and most of all, the webinar is easy to access! We chose Scribblar because of the crisp presentation, white board features, clear audio and ease of use.

At ILCT, students are enrolled in the Coaches Community powered by JournalEngine where lively discussions and course information is offered. Ellen Neiley Ritter, PhD, Director of Student Development at ILCT has this to say about the use of technology and JournalEngine:

"Technology has made a significant difference at ILCT. A few years ago, we were printing and

shipping materials to students in the more than 30 classes which began each month. Now, thanks to JournalEngine, we are not only able to deliver the course manuals to students electronically, but even more importantly, we are able to create an online "room" for each class, giving students and instructors a place to converse, share resources, and "see" each other, and others as part of our schoolwide Coaches Community. The JournalEngine platform offers us the opportunity to develop a library of valuable coaching resources, have forums where students can ask discuss topics of interest, share journal entries with their coaches, and even advertise upcoming events of interest to Coaches Community members. And now with our affiliation with OTI/OCI, ILCT is able to offer high quality coaching courses that are self-directed, especially important for students with busy schedules."

At OTI/OCI we are committed to providing an enriching learning experience. Whether you are on a journey to a new career, or you are taking a class or two to enhance your professional development, we have the tools and resources to help you succeed.

See our Cyberstreet column this issue, pg 7 for a discount offer from OCI/ILCT!











